WELLNESS STUDIO

TELEGRAPH

FACIAL TREATMENTS

Made-To-Measure Facial

Main Effects: Balance • Radiance • Soothe

60 MIN **200** (h

This treatment features Anne Semonin's signature drainage massage to stimulate circulation, boost lymphatic flow, and eliminate toxins. The skin is left visibly clearer, more even-toned, and luminous.

Anti-stress Therapy

Main Effects: De-Stress • Plump • Balance

A treatment designed to combat stress and environmental factors, supporting the skin's microbiome and helping to prevent premature ageing. After gentle AHA exfoliation, gua sha stones ease facial tension, followed by a night-time regenerating mask that leaves the skin radiant and silky smooth

75 MIN **360** ₾

Radiance Express

Main Effects: Refresh • Firm • Health-Boost

30 MIN

This treatment combines cleansing, exfoliation, and a face mask, followed by deep hydration that leaves the skin fresh, revitalized, and radiant. Suitable for all skin types.

90 MIN **300** ₾

Pearl-Infused Lifting Facial

Main Effects: Lift • Regenerate • Brighten

A luxurious facial that combines brightening pearl extracts with sculpting and drainage massage techniques. A pearl-infused firming peel-off mask revitalizes dull skin, enhancing youthful luminosity. The ritual is completed with the cooling touch of Anne Semonin's exclusive lifting Ice Cube, leaving the complexion radiant and refined.

Prices are in GEL and include 18% VAT. Please, note that prices are subject to change without prior notice.

Ultimate Gold Firming Facial

Main Effects: Radiance • Firm • Regenerate

90 MIN **500** [♠] The treatment features Anne Semonin's advanced Sculpting Massage, a rich gold-infused mask, and exquisite 24k gold serum. The Eye Express Radiance Ice Cube completes the ritual, refreshing and brightening the delicate eye area.

Instant Cryo Facelift

Main Effects: Firm • Lift • Sculpt

A high-performance treatment combining deep sculpting massage techniques and EMS (electrical muscle stimulation) to sculpt, lift, and tone. A lifting peel-off mask, metal qua sha for de-puffing, and Anne Semonin's Express Radiance Ice Cube leave the skin visibly firm and glowing.

75 MIN **400** [♠]

DY TREATMENTS

Aroma Energizer

60/90 MIN 200/240 (

Main Effects: Uplift • Energize • Release Tension A massage using uplifting body oil enriched with ginger, Ayurveda's most revered root, and vitamin E. Relaxes tight and tense muscles

Vital Detox

60/90 MIN 200/240 (

Main Effects: Detoxify • Stimulate • Refresh Performed with lemongrass and peppermint massage oil, this treatment uses lymphatic techniques to release toxins, stimulate circulation, and leave the body light and refreshed.

Relax & Renew

60/90 MIN 200/240 (

Main Effects: De-stress • Unwind • Restore A gentle massage infused with lavender and mandarin essential oils to promote deep relaxation and relieve tension. 45 MIN

Anti-Cellulite 200 ^(h)

& Modelling Massage

Discount:

5 Sessions - 5% 10 Sessions - 10% Main Effects: Sculpt • Tone • Lighten

Firm pressure combined with rhythmic drainage techniques boosts circulation, smooths skin texture, and refines body

contours

Anti-Stress Back Remedy

Main Effects: Release Tension • Restore • Relax A self-heating clay mask paired with massage eases stiffness and stress, bringing complete relaxation to the back, neck, and shoulders.

60 MIN 200 ^(h)

COMBINATION) F BODY & FACIAL TREATMENTS

24K Face & Body Massage Ritual

75 MIN 380 ₼ Main Effects: Release Tension • De-Stress • Luminosity A rejuvenating facial massage followed by a 24-karat gold serum. The ritual leaves the skin radiant, refined, and glowing.

Miracle Jet Lag Remedy

75 MIN **250** [♠] Main Effects: Depuff • Illuminate • Revive Ideal after travel or fatigue. A clay heat effect, facial qua sha massage, and light foot massage boost circulation, restore energy, and bring renewed lightness to the body.

Glowing Mother-to-be

Main Effects: Pamper • Rejuvenate • Radiance A nurturing treatment designed to relieve sore muscles and swollen joints during pregnancy. Combining prenatal massage techniques with a tailored facial, it leaves the face luminous and the body deeply relaxed and rejuvenated

75 MIN 250 ^(h)

TELEGRAPH TREATMENTS

Hot Stone Massage

Main Effects: Deep Relaxation • Stress Relief

· Muscle Release

60/90 MIN **220/280** ₾

A deeply soothing full-body massage using smooth, heated volcanic stones to melt away tension, improve circulation, and promote profound calm.

Fitness Back Massage

Main Effects: Tension Relief • Recovery • Energy Boost Designed for active individuals, this massage targets back, neck, and shoulder strain after workouts or demanding days. Deep rhythmic techniques release knots, improve circulation, and accelerate tissue recovery.

30/45 MIN **150/200** ₾

Deep Tissue - Strong, Intense Massage

60/90 MIN **200/250** ₾

Main Effects: Relieve • Revitalize • Recharge
A powerful massage targeting deep layers of muscle
tissue with therapeutic effect. Relieves intense spasms,
revitalizes the body, and restores energy. Especially
effective after physical activity.