

WELLNESS STUDIO

TELEGRAPH

MEMBERSHIPS

1 month unlimited

350 ₪

12 gym visits (one month)

280 ₪

Long-Term Options:

Silver

- 1 personal training
- Dry and steam sauna, crystal ice fountain
- 1 day pass for a friend
- 1 free studio class and 50% discount (by appointment)
- Free parking

3 month - 945₪ (10 days freezing option)

6 month - 1800₪ (20 days freezing option)

12 month - 3360₪ (40 days freezing options)

1 month unlimited

600 ₪

12 gym visits (one month)

530 ₪

Long-Term Options:

Gold

- Personal training
- Body test/nutritionist consultation / 2 weeks diet
- Dry and steam sauna, crystal ice fountain
- 1 day pass for a friend
- 1 free Manual therapy and 20% discount onwards
- 15% discount on Bell&Gray Healthy Corner
- 8 studio classes (by appointment)
- Free parking

3 months - 1620₪ (10 days freezing option)

6 months - 3060₪ (20 days freezing option)

12 months - 5760₪ (40 days freezing options)

1 month unlimited

3000 ₪

Platinum

- Personal training
- Body test / nutritionist consultation / 4 weeks diet
- Dry and steam sauna, crystal ice fountain
- 1 day pass for a friend
- 2 free Manual therapy and -25% discount onwards
- 15% Off for All Restaurants / Bars
- Radisson pool
- Unlimited studio classes (by appointment)
- Laundry service
- Personal locker
- Parking
- 10 days freezing option

Long-Term Option:

3 months - 8250₪ (1 month freezing option)

ONE-DAY ACCESS

1-day gym visit

80 ₩

Includes:

Dry & steam sauna • Crystal ice fountain • Free parking

STUDIO CLASSES

1 visit

80 ₩

8 visits

200 ₩

12 visits

250 ₩

All Classes Include:

1h gym • 10% Manual therapy • Dry and steam sauna • Crystal ice fountain • Free parking

PILATES REFORMER

1 visit

150 ₩

Two Person – 200 ₩

8 visits

500 ₩

Two Person – 600 ₩

12 visits

600 ₩

Two Person – 800 ₩

All Classes Include:

1h gym • Dry and steam sauna • Crystal ice fountain

• 10% discount on Manual therapy • Free parking

Prices are in GEL and include 18% VAT.
Please, note that prices are subject to change without prior notice.

DISCOUNTS

(*except pilates reformer and platinum membership)

10%

3 people together

20%

5 people and more

ADDITIONAL SERVICES

Body composition test

80 ₩

Nutritionist consultation
& 2-week nutrition plan

100 ₩

Body composition test
+ nutritionist consultation
+ 2-week nutrition plan

130 ₩

INDIVIDUAL PERSONAL TRAINING

12 session

800 ₩

8 sessions

600 ₩

All Classes Include:

Body test • Nutritionist consultation & 2-week nutrition plan • 15% discount
on takeaway menu • Dry & steam sauna • Crystal ice fountain • Free parking

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