

# WELLNESS STUDIO

TELEGRAPH

# MEMBERSHIPS

1 month unlimited

**350 ₪**

12 gym visits (one month)

**280 ₪**

**Long-Term Options:**

## Silver

- 1 personal training
- Dry and steam sauna, crystal ice fountain
- 1 day pass for a friend
- 1 free studio class and 50% discount (by appointment)
- Free parking

**3 month** - 945 ₪ (10 days freezing option)

**6 month** - 1800 ₪ (20 days freezing option)

**12 month** - 3360 ₪ (40 days freezing options)

1 month unlimited

**600 ₪**

12 gym visits (one month)

**530 ₪**

**Long-Term Options:**

## Gold

- Personal training
- Body test/nutritionist consultation / 2 weeks diet
- Dry and steam sauna, crystal ice fountain
- 1 day pass for a friend
- 1 free Manual therapy and 20% discount onwards
- 15% discount on Bell&Gray Healthy Corner
- 8 studio classes (by appointment)
- Free parking

**3 months** - 1620 ₪ (10 days freezing option)

**6 months** - 3060 ₪ (20 days freezing option)

**12 months** - 5760 ₪ (40 days freezing options)

1 month unlimited

**3000 ₪**

**Long-Term Option:**

## Platinum

- Personal training
- Body test / nutritionist consultation / 4 weeks diet
- Dry and steam sauna, crystal ice fountain
- 1 day pass for a friend
- 2 free Manual therapy and -25% discount onwards
- 15% Off for All Restaurants / Bars
- Radisson pool
- Unlimited studio classes (by appointment)
- Laundry service
- Personal locker
- Parking
- 10 days freezing option

**3 months** - 8250 ₪ (1 month freezing option)

# ONE-DAY ACCESS

1-day gym visit

**80 ₴**

**Includes:**

Dry & steam sauna • Crystal ice fountain • Free parking

---

## STUDIO CLASSES

1 visit

**80 ₴**

8 visits

**200 ₴**

12 visits

**250 ₴**

**All Classes Include:**

1h gym • 10% Manual therapy • Dry and steam sauna • Crystal ice fountain • Free parking

---

## PILATES REFORMER

1 visit

**150 ₴**

Two Person – 200 ₴

8 visits

**500 ₴**

Two Person – 600 ₴

12 visits

**600 ₴**

Two Person – 800 ₴

**All Classes Include:**

1h gym • Dry and steam sauna • Crystal ice fountain  
• 10% discount on Manual therapy • Free parking

Prices are in GEL and include 18% VAT.

Please, note that prices are subject to change without prior notice.

# DISCOUNTS

(\*except pilates reformer and platinum membership)

**10%**

3 people together

**20%**

5 people and more

---

## ADDITIONAL SERVICES

Body composition test

**80 ₪**

Nutritionist consultation  
& 2-week nutrition plan

**100 ₪**

Body composition test  
+ nutritionist consultation  
+ 2-week nutrition plan

**130 ₪**

---

## INDIVIDUAL PERSONAL TRAINING

12 session

**800 ₪**

8 sessions

**600 ₪**

### All Classes Include:

Body test • Nutritionist consultation & 2-week nutrition plan • 15% discount  
on takeaway menu • Dry & steam sauna • Crystal ice fountain • Free parking

Prices are in GEL and include 18% VAT.

Please, note that prices are subject to change without prior notice.